

For Helping Professionals: Benefits of Using Core Gift Process and Activities

These are advantages that have been identified by practitioners using the core gift tool on a regular basis.

1. Person gets un-stuck from limited imagination of who they are.

Benefits:

Their idea of “Who am I?” is larger than the current troubles they are having.

Increased feelings of self-worth and power.

Increased feelings of hope.

Reconnected with deeper sense of self.

2. Relationship between interviewer and focus person deepens.

Benefits:

Increased trust of interviewer.

Focus person believes interviewer knows “Who they really are.”

Increased ability to nudge person into action based in increased trust.

Increased willingness to show up at meetings and spend time with interviewer...desire for connection increases.

Demonstrates your faith and hope for their future

Builds the desire for a truthful relationship

Demonstrates a serious intent to look for capacities rather than deficits in the person

3. Gift provides significant source of information for planning and activities.

Benefits:

When gift is involved, person will be motivated to follow-thru.

Identifies types of learning/classes that will motivate person.

Identifies how to reduce behavior issues person may have.

Identifies what attributes of employment/volunteer work will interest person.

Identifies what kinds of mentors will attract person.

Identifies primary healing issues for person.