Common Mistakes: The Seven Hope Don'ts

A culture of hope and resilience can't be built or sustained with these common "wishful thinking" strategies:

Waiting for things to "slow down" in order to have the time to pursue a healthy workplace culture.

Using your own hope to prop up others on a regular basis.

Making your hope conditional on someone else doing something.

Making your hope conditional on receiving adequate resources of time, money, goods, or services.

Believing that providing quality services will result in a hopeful, resilient employee culture (customer vs. employee satisfaction).

Believing that "retreats" will be adequate to create sustained hope and resilience in a workgroup.

Believing you are responsible for another person's hope.